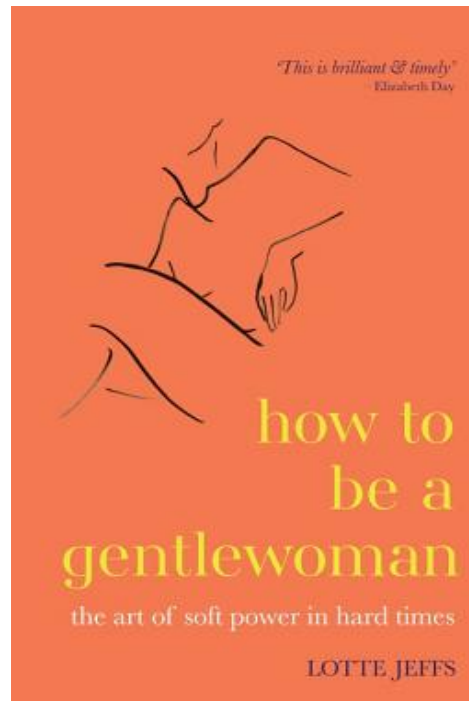


Obtener libros How To Be A Gentlewoman

By Lotte Jeffs



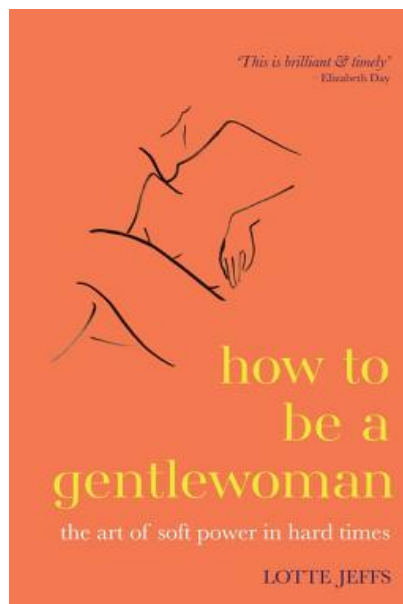
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Books Descriptions

Gentlewoman: A woman who blends old-fashioned values with a thoroughly modern and open-minded attitude; using her self-confidence to show up, not show off and her optimism to inspire others and build a happier life. Women today are under so much pressure to be everything to everyone: to be cool, smart, fit, thin (but not too thin!), funny (but not bitchy), a supportive friend, partner and family member. We want to be successful and liked at work, to have opinions about politics, art and literature as well as, well... Kanye West. We strive for more and more Instagram followers rather than working on our real relationships with real friends. Happiness has become just another thing on our to-do list. This book is for any woman aspiring to better herself and live more happily. This modern Englishwoman tells you how to be a gentlewoman; from knowing how to use a power drill, to making your bed every single day and never eating lunch at your desk. She will take you on a first date, to a

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